

DISC Styles Workshop

What is DISC?

DISC is a widely used non-judgmental behavioral assessment tool, measuring four behavioral styles: Dominance, Influence, Steadiness and Compliance. As part of the workshop you will take a self-assessment with a series of questions that produces a detailed report about your personality and behavior along with tips related to working with other people in other styles.

Understanding Behavior Styles

We all come with our own set of behaviors. Our goal is to understand our behaviors, how others behave and how to adapt our style to be the most effective communication for the success of our teams, ourselves, and our career.

Created for:

Managers, individual team members and cross-functional team members

What You'll Take Away:

- Become more self-aware, adaptive, and effective leaders.
- Facilitate productive teamwork and productive conflict.
- Increase your self-knowledge related to what motivates you, what causes you stress, and how you solve problems.
- Manage more effectively by understanding others' behavior styles, priorities, and motivators.

Post Session Learning:

As part of the program, you will receive one, 1-hour Coaching Session following the training.

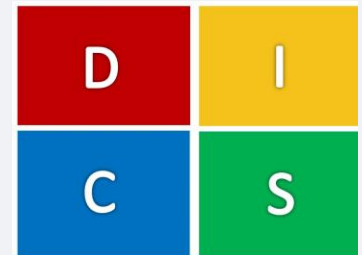
Workshop Location:

We can come to your location or you can join a public offsite session. Go to www.eleven55consulting.com to register.

Workshop Fee:

The 4-hour session along with a 1-hour follow-up individual coaching session fee is \$395.00 per person.

imagine more • be more • achieve more



At **eleven55**, we strive to empower people to be their true self as a leader, teammate, or partner.

Our instructor led courses are based on experiential learning where you become the master of your own learning. Kind of like a DIY learning workshop!

And most workshops have follow-on coaching sessions included in your workshop fee – one more way we empower you to succeed.

Contact Us:

Lisa Eastman
209.890.7958
Lisa.Eastman@eleven55consulting.com